

Child Name: _____ Counselor Name: _____

Section 1: Checklist of Concerns-

Please mark all items below that concern you about your child:

- | | | |
|--|--|---|
| <input type="checkbox"/> Accident prone | <input type="checkbox"/> Hitting | <input type="checkbox"/> Pouts |
| <input type="checkbox"/> Affectionate | <input type="checkbox"/> Hyperactive | <input type="checkbox"/> Procrastinates |
| <input type="checkbox"/> Aggressive | <input type="checkbox"/> Illness | <input type="checkbox"/> Provokes others |
| <input type="checkbox"/> Breaks rules | <input type="checkbox"/> Imaginary playmates | <input type="checkbox"/> Relationships with friends |
| <input type="checkbox"/> Bullied by others | <input type="checkbox"/> Immature | <input type="checkbox"/> Relationships with siblings |
| <input type="checkbox"/> Bullies others | <input type="checkbox"/> Inappropriate sexual behaviors | <input type="checkbox"/> Relationships with caregivers |
| <input type="checkbox"/> Clowns around | <input type="checkbox"/> Inattentive | <input type="checkbox"/> Relationships with teachers |
| <input type="checkbox"/> Competitive | <input type="checkbox"/> Independent | <input type="checkbox"/> Responsible |
| <input type="checkbox"/> Complains | <input type="checkbox"/> Insults others | <input type="checkbox"/> Restless |
| <input type="checkbox"/> Complains of feeling sick | <input type="checkbox"/> Interrupts | <input type="checkbox"/> Rocking or other repetitive movements |
| <input type="checkbox"/> Compliant | <input type="checkbox"/> Intolerant | <input type="checkbox"/> Runs away |
| <input type="checkbox"/> Concern for others | <input type="checkbox"/> Irritable | <input type="checkbox"/> School avoiding |
| <input type="checkbox"/> Cries easily | <input type="checkbox"/> Isolates | <input type="checkbox"/> Self-harming behaviors |
| <input type="checkbox"/> Cruel to others | <input type="checkbox"/> Lacks organization | <input type="checkbox"/> Sexually active |
| <input type="checkbox"/> Daydreams | <input type="checkbox"/> Lacks respect for authority | <input type="checkbox"/> Sports |
| <input type="checkbox"/> Defiant | <input type="checkbox"/> Lethargic | <input type="checkbox"/> Spiritual values differ from caregiver |
| <input type="checkbox"/> Dependent | <input type="checkbox"/> Loss of friends | <input type="checkbox"/> Stealing |
| <input type="checkbox"/> Depressed | <input type="checkbox"/> Lying | <input type="checkbox"/> Substance abuse |
| <input type="checkbox"/> Destructive | <input type="checkbox"/> Manipulates | <input type="checkbox"/> Suicidal talk or attempt |
| <input type="checkbox"/> Difficulty w/ parental figure | <input type="checkbox"/> Mood swings | <input type="checkbox"/> Swearing |
| <input type="checkbox"/> Disobedient | <input type="checkbox"/> Mute | <input type="checkbox"/> Temper tantrums |
| <input type="checkbox"/> Disrupts family activities | <input type="checkbox"/> Nail biting | <input type="checkbox"/> Thumb sucking |
| <input type="checkbox"/> Distractible | <input type="checkbox"/> Need for high degree of supervision | <input type="checkbox"/> Tics |
| <input type="checkbox"/> Dropping out of school | <input type="checkbox"/> Negativity | <input type="checkbox"/> Timid |
| <input type="checkbox"/> Eating issues | <input type="checkbox"/> Nightmares | <input type="checkbox"/> Vandalism |
| <input type="checkbox"/> Fantasy life | <input type="checkbox"/> Noisy | <input type="checkbox"/> Violent |
| <input type="checkbox"/> Fearful | <input type="checkbox"/> Obedient | <input type="checkbox"/> Wetting/soiling of bed or clothes |
| <input type="checkbox"/> Feelings easily hurt | <input type="checkbox"/> Obesity | |
| <input type="checkbox"/> Fidgety | <input type="checkbox"/> Only younger playmates | |
| <input type="checkbox"/> Finger sucking | <input type="checkbox"/> Outgoing | |
| <input type="checkbox"/> Gender or sexual identity questions | <input type="checkbox"/> Poor concentration | |
| <input type="checkbox"/> Grades | | |
| <input type="checkbox"/> Head banging | | |

Look back over the concerns you have checked above. Identify your top three concerns below.

1. _____ 2. _____
3. _____

Section 2: Life Experiences-

Please check the life experiences below that apply to your child:

- | | |
|---|--|
| <input type="checkbox"/> Abuse – emotional | <input type="checkbox"/> Injury or illness of caregiver |
| <input type="checkbox"/> Abuse – physical | <input type="checkbox"/> Medical or mental health concerns of caregiver |
| <input type="checkbox"/> Abuse – sexual | <input type="checkbox"/> Multiple times moving |
| <input type="checkbox"/> Adopted | <input type="checkbox"/> Multiple schools |
| <input type="checkbox"/> Bullied | <input type="checkbox"/> Natural disaster survivor |
| <input type="checkbox"/> Death or loss of someone close | <input type="checkbox"/> Neglect |
| <input type="checkbox"/> Divorce | <input type="checkbox"/> Parental figure loss of job |
| <input type="checkbox"/> Domestic violence | <input type="checkbox"/> Raised by caregiver other than biological parent |
| <input type="checkbox"/> Family member in jail/prison | <input type="checkbox"/> Separation from parental figure for any time period |
| <input type="checkbox"/> Foster care | |
| <input type="checkbox"/> Injury or illness | |

Section 3: Caregiver Information-

1. Please mark each of the living situations the child has experienced with the maternal figure.

- | | | |
|--|-----------------------------------|------------------------------------|
| <input type="checkbox"/> Single | <input type="checkbox"/> Married | <input type="checkbox"/> Separated |
| <input type="checkbox"/> Living with partner | <input type="checkbox"/> Divorced | <input type="checkbox"/> Widow |

2. Please mark each of the living situations the child has experienced with the paternal figure.

- | | | |
|--|-----------------------------------|------------------------------------|
| <input type="checkbox"/> Single | <input type="checkbox"/> Married | <input type="checkbox"/> Separated |
| <input type="checkbox"/> Living with partner | <input type="checkbox"/> Divorced | <input type="checkbox"/> Widow |

3. Do you share custody or conservatorship of your child with anyone else? YES NO

If YES... Name: _____

Relationship: _____

If YES, please mark below the best description of the co-parenting relationship.

- | | | |
|--------------------------------------|----------------------------------|--------------------------------------|
| <input type="checkbox"/> Cooperative | <input type="checkbox"/> Neutral | <input type="checkbox"/> Conflictual |
|--------------------------------------|----------------------------------|--------------------------------------|

Section 4: Emergency Contact-

In the event of a medical emergency during a session, please contact:

Name: _____

Phone Number: _____ Relationship: _____

Section 5: School Information-

Child's School: _____ Grade: _____

Section 6: Household Information-

Please list the **Names, Roles** (mother, father, spouse, partner, girlfriend, boyfriend, child, stepchild etc.), and **Date of Birth** of each person who resides in the home with your child.

1. Name: _____ Role: _____

Date of Birth: ____/____/____

2. Name: _____ Role: _____

Date of Birth: ____/____/____

3. Name: _____ Role: _____

Date of Birth: ____/____/____

4. Name: _____ Role: _____

Date of Birth: ____/____/____

5. Name: _____ Role: _____

Date of Birth: ____/____/____

Section 7: Spiritual History-

1. Are there spiritual beliefs and practices your family follows that would be helpful for me to know about while providing counseling to your child?

Section 8: Medical History-

1. Primary Care Physician: _____ Phone # _____

2. When was your child's last physical exam? _____

3. Has your child attended counseling or been hospitalized for a mental health concern in the past? YES NO

If **YES**, please specify the year(s) and for what reason.

Year(s): _____ Reason: _____

4. Is child currently under the care of a psychiatrist? YES NO

If **YES**... Name of Psychiatrist: _____

Practice Name: _____

5. In the table below, please list any prescription, psychotropic, or over-the counter medications your child currently takes.

Name of Drug	Reason for Taking It	Date Started	Frequency Taken	Dosage	Has it been Helpful?
					0 YES 0 NO
					0 YES 0 NO
					0 YES 0 NO
					0 YES 0 NO
					0 YES 0 NO

Describe any side effects that you find troublesome from any of the medications your child is currently taking.

Section 8: Medical History (Continued)-

6. List any past or present medical conditions your child has been treated for.

7. Have you noticed or has your child been assessed for:

Developmental delays: _____

Difficulty with coordination: _____

Learning disability: _____

If **YES** to any of the above, please explain:

8. How many hours does your child exercise a week?

9. How many hours does your child sleep at night?

10. How much caffeine does your child consume in a day?

11. How many times does your child eat out each week?

12. How many hours of screen time does your child have each week?
